

# Catered Living

A Home Care by Wesley Program



**Catered Living\*** is a flexible home care program offered in The Commons neighborhood at Wesley communities. Residents receive the care they need to remain as independent as possible for as long as possible. For those in transition, the Catered Living program allows support to be increased or decreased as needed.

Staffed by certified nursing assistants with licensed nurse coordination, Catered Living provides home care services similar to assisted living 24 hours a day, 7 days a week for scheduled and unscheduled needs. Higher level nursing services and health care support are available, including oversight for diabetic residents, full medication administration and assessments of ongoing needs as well as acute situations.

## **Common services provided by Catered Living:**

- Mobility assistance, exercise and transferring
- Incontinence support
- Bathing, dressing and personal care
- Diabetes management
- Reassurance checks
- Medication management

Care is based on a point system\*\* which assigns a point value to each service based on the time needed, level of involvement and acuity of task required to perform that service. Our Care Manager reviews the services needed with each resident to develop a customized, point-based care plan package. Follow up evaluations are conducted every six months or when service needs change.

\* Catered Living rates are separate and in addition to the Monthly Service Fee of The Commons and its associated services. Some licensed nurse services may incur additional charges.

\*\* 1 point equals \$70.

Prices in effect September 2025



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Through individual care coordination, Catered Living is designed so program participants receive and pay only for the services they need.

Examples of Monthly Care Plan Packages	
Minimum care plan example:	
<ul style="list-style-type: none"><li>Medication Assistance daily</li><li>Meal Tray Delivery for 1 meal per day</li></ul>	<ul style="list-style-type: none"><li><b>10 points = \$700 monthly</b></li></ul>
Mild care plan example:	
<ul style="list-style-type: none"><li>Daily Dressing Assistance</li><li>Administer Medications daily</li><li>Escort to Meals/Activities</li></ul>	<ul style="list-style-type: none"><li>Weekly Vitals Check</li><li><b>37 points = \$2,590 monthly</b></li></ul>
Moderate care plan example:	
<ul style="list-style-type: none"><li>Weekly Set-up of Medications</li><li>Daily Hands-on Incontinence Support</li><li>Dressing Assistance/Cueing, a.m. and p.m.</li><li>Administer Medications daily</li></ul>	<ul style="list-style-type: none"><li>Weekly Bathing Assistance by aide</li><li>Safety Checks daily</li><li><b>61 points = \$4,550 monthly</b></li></ul>
Higher Needs care plan example:	
<ul style="list-style-type: none"><li>Daily Vitals Check</li><li>Weekly Set-up of Medications</li><li>Administer Medications daily</li><li>Daily Hands-on Incontinence Support</li></ul>	<ul style="list-style-type: none"><li>Dressing Assistance/Cueing, a.m. and p.m.</li><li>Dining Assistance</li><li>Weekly Bathing Assistance by aide</li><li><b>91 points = \$6,370 monthly</b></li></ul>

Prior to residency, incoming residents and our home care team meet to evaluate and develop a custom care plan.

Home Care by Wesley is part of Wesley Health & Home Care, a licensed nonprofit home health agency.

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