

# Catered Living

A Home Care by Wesley Program



Catered Living is a flexible home care program offered in The Commons neighborhood at Wesley communities. Residents receive the care they need to remain as independent as possible for as long as possible. For those in transition, the Catered Living program allows support to be increased or decreased as needed.

Staffed by certified nursing assistants with registered nurse oversight, Catered Living provides care services similar to assisted living 24 hours a day, 7 days a week for scheduled and unscheduled needs. Higher level nursing services and health care support is available, including care coordination with physicians and other medical providers, oversight for diabetic residents, full medication administration and assessments of ongoing needs as well as acute situations.

## Common services provided by Catered Living:

- Care coordination with medical providers
- Mobility assistance, exercise and transferring
- Incontinence support
- Bathing, dressing and personal care
- Diabetes management
- Reassurance checks
- Medication management

Care levels are based on a point system which assigns a point value to each service based on the time needed, level of involvement and acuity of task required to perform that service. Our Care Coordinator reviews the services and care needed with each resident to determine the best level to meet those needs. A care plan package is then developed. Follow up assessments are conducted every six months or when service needs change.



# Catered Living

Package	Points	Price per month
1	0-25	\$500
2	26-75	\$988
3	76-125	\$1,456
4	126-175	\$1,950
5	176-225	\$2,434

Package	Points	Price per month
6	226-275	\$2,912
7	276-325	\$3,328
8	326-360	\$3,848
9	361-400	\$4,160
10	401-447	\$4,472

Through individual care coordination, Catered Living is designed so program participants receive and pay only for the services they need.

## Examples of Monthly Packages

### Package 1 may include:

- Medication Management
- 24/7 access to Urgent Support

### Package 5 may include:

- Shower Assistance once a week
- Extensive daily assistance with a.m. and p.m. Grooming and Dressing
- Medication Management of nine or more medications
- Medication Reminders
- Escorts to and from dining and activities

### Package 10 may include:

- Medication Administration, including help with Diabetes Management
- Extensive a.m. and p.m. assistance with Bathing, Grooming and Dressing
- High level Incontinence Support
- Help with Transfers and Ambulation
- Safety and Cognitive Support

Catered Living rates are separate and in addition to the Monthly Service Fee of The Commons and its associated services.

Home Care by Wesley is part of Wesley Health & Home Care, a licensed not-for-profit home health agency.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



(206) 870-1127  
Toll Free (866) 850-5774

[HomeCare.WesleyChoice.org](http://HomeCare.WesleyChoice.org)

