



# Newly renovated, The Terrace offers updated apartments and modern amenities for your active lifestyle.

The Terrace offers a variety of apartment homes with private, spacious balconies; weekly events and entertainment; Wesley U continuing education programs in the Suzanne McCarthy Education Center; the Ted E. Gary Family Library; and a resident-run TV station.

Our holistic wellness program is supported through classes in the Zenith Fitness Center; whirlpool spas; on-site social services; and full-service, flexible dining programs, including the Rainier Bistro.

As a resident of The Terrace, you'll enjoy an energetic lifestyle with a full array of supportive services, including a full continuum of care ranging from independent to assisted living as well as skilled nursing and rehabilitation.

#### The Terrace Apartments are offered for a 100% refundable entrance deposit.

Apartment	Size (approx.)	Entrance Deposit Starting at:	Monthly Service Fee Starting at:
Studio	300 - 350 s.f.	\$39,269	\$2,731
Alcove	400 - 530 s.f.	\$58,904	\$3,217
1 Bedroom	570 - 700 s.f.	\$87,047	\$3,672
2 Bedroom	950 - 1,000 s.f.	\$130,571	\$4,450
3 Bedroom*	1,250 s.f.	\$136,115	\$4,791



<sup>\*</sup>Limited availability.

# The Terrace Apartments

Residents in The Terrace enjoy additional services that support an independent lifestyle.

# Included in monthly fee

- Flexible dining plans
- Apartment and building maintenance
- Housekeeping twice per month
- Flat laundry service each week
- All utilities, including electricity, water, sewer and trash
- Basic cable TV service
- Basic telephone service (local access)
- Basic Internet service

- Wi-Fi in common areas
- Call alert system
- Microwave and refrigerator
- Storage locker
- Window coverings

# **Campus Amenities**

- Activity areas, including educational theaters, markets, woodshops, fitness centers, libraries and creative art studios
- Wellness programs and exercise classes
- Multiple dining venues

- Scheduled transportation to shopping, medical appointments
- Social programs, events and tours
- Spiritual enrichment program
- Chaplain's services
- Wesley U continuing education classes

- Lawn care and groundskeeping
- Security controlled entrances
- Resident garden areas and walking paths
- 24-hour emergency staffing
- Active Resident Council
- Resident TV station

### Conveniences available for an additional fee

- Courtesy car transportation
- Technology support
- Additional meals
- Guest rooms and guest meals
- Beauty/barber salon
- Massage therapist
- Carport
- Extra housekeeping and maintenance
- Foot care\*
- Personal care\*
- Medication set up and reminders\*

Wesley Des Moines is for those 62 years of age or better. Smoking is not allowed on campus. Well-behaved pets are allowed for an additional fee.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



(206) 824-5000

815 South 216th Street Des Moines, WA 98198

DesMoines.WesleyChoice.org



<sup>\*</sup>Coordinated by Home Care by Wesley.

# Assisted Living

### Fee Schedule



Assisted Living\* at Wesley Des Moines is designed to give you help with daily activities. Whether it is bathing, dressing or medication reminders, the extra personal care keeps you as independent as possible.

On the second floor of The Terrace, Assisted Living has private apartments with nursing staff. This supportive area of Wesley Des Moines' continuum of care offers an intimate dining room, a chapel for quiet meditation, a beauty salon and social areas to support the full schedule of activities planned each week.

### **Daily Fees**

Direct entry to Assisted Living and/or Wesley Des Moines Health Center is available as part of our network of services, and all Wesley residents have priority access. The daily rate is based on apartment style and the level of service provided.

Apartment	Size (approx.)	Direct Entry Daily Rate
Studio	300 - 350 s.f.	\$212 - \$299
Alcove & One Bedroom	400 - 700 s.f.	\$227 - \$308



<sup>\*</sup>In 2024, Assisted Living in The Terrace will transition to Catered Living in The Commons and The Arbor in the Albert W. Carr Memory Care Center, both in The Gardens building at Wesley Des Moines.

# **Assisted Living**

Wesley recognizes the unique needs of each resident and customizes a care plan to meet your individual needs. Assisted Living offers seven levels of service according to these general guidelines:

## Included in monthly fee - Level 1

- Three meals a day plus snacks
- Weekly housekeeping
- Linen service
- Personal laundry

- Utilities
- Building maintainance
- Basic telephone service (local access)
- Basic Internet service
- Expanded basic cable
- Call alert system

### **Level 2 -** Services of Level 1 plus

- Cues and reminders with bathing, dressing, toileting and grooming
- Occasional cues and reminders for transfers and mobility
- Nurse assistance with medication (resident is able to manage a few medications on their own)

### **Level 3** - Services of Level 2 plus

- Periodic standby assistance with transfer and ambulation
- Set up for dressing
- Cueing and reminders for bathing
- Limited assistance with incontinence
- Increased safety monitoring and intervention
- Nurse assistance with all medications

## Level 4 - Services of Level 3 plus

- Hands on assistance with ambulation and transfers
- Extensive assistance with incontinence
- Resident may have difficulty with communication
- Nurse administers all medications

### **Level 5** - Services of Level 4 plus

- Extensive assistance with dressing, bathing and grooming
- Extensive assistance with incontinence
- Extensive assistance with mobility and wheelchair
- Nursing assistance with medication including diabetic care

### **Level 6 -** Services of Level 5 plus

- Total care for dressing, bathing and grooming
- Total assistance with incontinence
- Total assistance with mobility of a wheelchair
- Licensed nurse administration of all medications

## **Level 7** - Services of Level 6 plus

• End of Life care in conjunction with a hospice provider

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