SPRING 2019

#WESLEY

Community · Choice · Continuing Care



Now Open: Wesley Bradley Park

The Lodge at Wesley Bradley Park opened its doors to welcome the first residents in April 2019. Nearly 50 apartments were occupied by the end of April, and another 50 or more will be occupied by the end of May.

"It's been a long time coming, but we finally made it," said Wesley President and CEO Kevin Anderson. "We appreciate the patience of our Pioneers, donors and friends as well as the hard work that went into it by our development team: Absher Construction, InSite Architects and Senior Housing Partners."

Campus Administrator TC Fraser has been hiring a strong team of managers as well as front line staff to provide services as residents become familiar with their new home.

"I'm super excited about our team," said TC, who came to Wesley from South Dakota by way of Tennessee. "We are committed to providing this wonderful community of people with the best possible service and quality of life."

Visible from the South Meridian arterial thoroughfare, Wesley Bradley Park offers spacious and nicely appointed apartments with full kitchens, in-home laundry or laundry service, private balconies and underground parking.

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Be the first to know what's going on at Wesley.

Sign up at **WesleyChoice.org** to receive eWesley, our monthly online newsletter.

Wesley is a faith based organization providing retirement communities and a network of services for older adults.

With love and joy, we are called to meet the physical, social and spiritual needs of those we serve.

We affirm the worth of all those we serve and those who provide service.

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Wesley Bradley Park boasts many beautiful amenity spaces and activities. The movie theater doubles as a classroom for popular Wesley U and Pierce College programs. Near the dining areas is The Director's Lounge, a tribute to Thomas R. Absher and all those who have served as directors of the Washington State Fair. This lounge is a delightful place for private parties or pre-dining social gatherings.

A bistro provides a scrumptious alternative menu for morning and afternoon eats. Next to the bistro is a two-story event center with tall windows and a wood beam ceiling. In the same space, the chapel looks out toward Bradley Lake Park and the natural, tree-adorned setting.

Select apartments are still available in the Brownstone and the Lodge. Apartments are also available in The Commons, where our Catered



Living program provides care services, such as medication assistance and personal care.

Contact Community Relations Director Joan Engle at (253) 435-8100 for information.

Brain Power Supported by Your Foundation

When Wesley Des Moines began offering educational classes designed to stimulate the mind, Wesley U was born. Soon the quarterly selection of courses expanded, and community partners such as Highline College, King County Library and the Des Moines Activity Center helped provide content.

To make the classes free to all, Wesley Community Foundation began funding the program. Wesley Lea Hill and Wesley Bradley Park also offer Wesley U courses that are funded by the Foundation.

"Wesley U is one of the wonderful ways the Foundation helps provide programs for residents," said Foundation Executive Director Susan McConnell. "And because Wesley isn't a selfcontained bubble, the classes are free to older adults in the greater community."

This support from the Foundation helps make Wesley U the successful program it is.

"The Foundation is able to support stimulating programs due to the contributions of many caring individuals," said Susan. "This is one way to experience the impact of a gift to the Foundation."



"I want to thank the Foundation...I have taken advantage of several of the classes. Those of us who have can certainly share our experiences and encourage participation," said Bradley Park resident Pat Carney.

The Foundation also funded the purchase of a Wesley Bradley Park bus for Wesley U field trips and other outings. This is just another example of how the Community Foundation helps the rest of your life be the best of your life..

Visit Foundation.WesleyChoice.org to see how you can help support Wesley programs.



A Look at Des Moines in 2019

Phase II of **Wesley Des Moines'** redevelopment project is well underway. A 183-foot-high crane towers over the site at 309 feet above sea level. Over 8,910 tons of concrete have been poured to create the two-story garage and foundation for the 312,000 square foot building.

Wood framing begins soon on the building that will be home to over 200 residents in 151 apartments next summer.

On the fifth floor, the club lounge will have scenic views and a demonstration kitchen for culinary events and parties. The Town Center will have a library, craft room, theater/classroom, fitness center and dining with views of Puget Sound.

The epicenter of the community will be the White-Helms Chapel & Community Room, which will have a custom-made pipe organ by Paul Fritts & Company Organ Builders. The one-of-a-kind organ will be a symbol of Wesley's faith-based tradition.

New finishes are planned for the apartments, including quartz countertops and wood-style



luxury vinyl flooring in the kitchens. Those who reserve an apartment by June 2019 may select from two color schemes as well as a menu of upgrade options, including a KitchenAid® appliance package and luxury carpeting. All apartments have large balconies or patios, which are angled to take advantage of the views on the upper floors.

Contact Rob Lanouette at (206) 870-4705 for more information.

Achieving Five-Star Quality

Wesley is honored to receive the coveted **five-star quality rating** from Medicare.gov for three of its health divisions:

- Des Moines Health Center Overall Rating!
- Lea Hill Rehabilitation & Care Center Quality Measures!
- Home Health Quality of Patient Care!

For Home Health, the continuity of care between the physician, hospital and home is a focus. This means our nurses and therapists strive to see new clients within 24 hours.

"Medications prescribed from a hospital may differ from a prior dose, so our staff have clients gather all their medications," said Director of Clinical Services Jolene Rhodes. "This allows us to assure that new and existing medications throughout the home are reconciled to help prevent incorrect dosages, interactions or re-hospitalizations. Doing this prevents mix-ups and allows for client education, preventing complications upon returning home."

These actions and others are how Home Health achieved a rating for *how often patients got better at taking their drugs correctly by mouth* that is over 20 percent better than Washington State and the national average.





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Wesley is a faith-based, not-for-profit organization offering a full spectrum of lifestyle options for aging well, including residential communities and in-home health services in King and Pierce counties.



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Announcing Wesley at Tehaleh!

Wesley's newest community is coming soon to Bonney Lake. For more information, contact Community Relations Director Lisa Osterloh at (253) 466-2720 or visit Tehaleh.WesleyChoice.org

