

# The Commons



Indulge yourself with the simplicity of a complete daily dining service, weekly housekeeping and a full schedule of social and recreational activities.

For additional personal care, this wing of apartments in The Lodge is efficiently served by staff from Home Care by Wesley, an independent, licensed home care agency. Conveniently located within easy access of the Town Center, these apartments are designed for those who want more services included in their monthly fee and benefit from scheduled care under the Catered Living program.

**The Commons has a month-to-month rental arrangement. Reserving an apartment requires a \$5,000 non-refundable deposit.**

| Apartment          | Size (approx.) | Monthly Service Fee |
|--------------------|----------------|---------------------|
| <b>Studio</b>      |                | Starting at         |
| Alder              | 408 s.f.       | \$3,711             |
| <b>One Bedroom</b> |                |                     |
| Maple              | 525 s.f.       | \$4,767             |
| Dogwood            | 588 s.f.       | \$5,229             |
| <b>Two Bedroom</b> |                |                     |
| Madrone            | 855 s.f.       | \$7,436             |

Catered Living is provided by Home Care by Wesley for an additional fee.  
Minimum package required.  
For second person, add **\$900** per month.

Prices in effect January 2026



# The Commons

## Included in monthly fee

- Three meals per day
- Housekeeping every week
- Laundry service (2 loads per week)
- Apartment and building maintenance
- All utilities including electricity, water, sewer and trash
- Individually controlled heating and air conditioning
- Basic TV service
- Basic telephone service (local access)
- Basic Internet service
- Call alert system
- Complimentary laundry facilities
- Refrigerator, range and microwave
- Blinds on all windows

## Campus Amenities

- Town Center with library, creative arts studio, educational theater and non-denominational chapel
- Two campus dining rooms, bistro and club lounge
- Fitness center with wellness programs and exercise classes
- Scheduled transportation to shopping, medical appointments and outings
- Social programs, events and tours
- Spiritual enrichment program
- Chaplain's services
- Continuing education classes
- Lawn care and grounds keeping
- Security controlled entrance
- Gardens and walking paths
- 24-hour emergency staffing
- Active Resident Council

## Conveniences available for an additional fee

- Garage parking as available
- Storage unit as available
- Guest suite and guest meals
- Beauty salon/barber
- Catered Living program fees determined separately

Wesley at Tehaleh is a shared ministry with Presbyterian Homes & Services for those 62 years of age or better. Smoking and vaping are not allowed on campus. Well-behaved pets are allowed for an additional fee.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



(253) 366-6100

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# Catered Living

A Home Care by Wesley Program



**Catered Living\*** is a flexible home care program offered in The Commons neighborhood at Wesley communities. Residents receive the care they need to remain as independent as possible for as long as possible. For those in transition, the Catered Living program allows support to be increased or decreased as needed.

Staffed by certified nursing assistants with licensed nurse coordination, Catered Living provides home care services similar to assisted living 24 hours a day, 7 days a week for scheduled and unscheduled needs. Higher level nursing services and health care support are available, including oversight for diabetic residents, full medication administration and assessments of ongoing needs as well as acute situations.

## **Common services provided by Catered Living:**

- Mobility assistance, exercise and transferring
- Incontinence support
- Bathing, dressing and personal care
- Diabetes management
- Reassurance checks
- Medication management

Care is based on a point system\*\* which assigns a point value to each service based on the time needed, level of involvement and acuity of task required to perform that service. Our Care Manager reviews the services needed with each resident to develop a customized, point-based care plan package. Follow up evaluations are conducted every six months or when service needs change.

\* Catered Living rates are separate and in addition to the Monthly Service Fee of The Commons and its associated services. Some licensed nurse services may incur additional charges.

\*\* 1 point equals \$70.

Prices in effect September 2025



# Catered Living

Through individual care coordination, Catered Living is designed so program participants receive and pay only for the services they need.

| Examples of Monthly Care Plan Packages                                                                                                                                                                          |                                                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Minimum care plan example:                                                                                                                                                                                      |                                                                                                                                                                                                          |
| <ul style="list-style-type: none"><li>Medication Assistance daily</li><li>Meal Tray Delivery for 1 meal per day</li></ul>                                                                                       | <ul style="list-style-type: none"><li><b>10 points = \$700 monthly</b></li></ul>                                                                                                                         |
| Mild care plan example:                                                                                                                                                                                         |                                                                                                                                                                                                          |
| <ul style="list-style-type: none"><li>Daily Dressing Assistance</li><li>Administer Medications daily</li><li>Escort to Meals/Activities</li></ul>                                                               | <ul style="list-style-type: none"><li>Weekly Vitals Check</li><li><b>37 points = \$2,590 monthly</b></li></ul>                                                                                           |
| Moderate care plan example:                                                                                                                                                                                     |                                                                                                                                                                                                          |
| <ul style="list-style-type: none"><li>Weekly Set-up of Medications</li><li>Daily Hands-on Incontinence Support</li><li>Dressing Assistance/Cueing, a.m. and p.m.</li><li>Administer Medications daily</li></ul> | <ul style="list-style-type: none"><li>Weekly Bathing Assistance by aide</li><li>Safety Checks daily</li><li><b>61 points = \$4,550 monthly</b></li></ul>                                                 |
| Higher Needs care plan example:                                                                                                                                                                                 |                                                                                                                                                                                                          |
| <ul style="list-style-type: none"><li>Daily Vitals Check</li><li>Weekly Set-up of Medications</li><li>Administer Medications daily</li><li>Daily Hands-on Incontinence Support</li></ul>                        | <ul style="list-style-type: none"><li>Dressing Assistance/Cueing, a.m. and p.m.</li><li>Dining Assistance</li><li>Weekly Bathing Assistance by aide</li><li><b>91 points = \$6,370 monthly</b></li></ul> |

Prior to residency, incoming residents and our home care team meet to evaluate and develop a custom care plan.

Home Care by Wesley is part of Wesley Health & Home Care, a licensed nonprofit home health agency.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



(206) 870-1127  
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