

The Commons



Indulge yourself with the simplicity of a complete daily dining service, weekly housekeeping and a full schedule of social and recreational activities.

For additional personal care, this wing of apartments in The Lodge is efficiently served by staff from Home Care by Wesley, an independent, licensed home care agency. Conveniently located within easy access of the Town Center, these apartments are designed for those who want more services included in their monthly fee and benefit from scheduled care under the Catered Living program.

The Commons is a month-to-month rental arrangement.

| Apartment | Size (approx.) | Monthly Service Fee |
|--------------------|----------------|---------------------|
| Studio | | |
| | | Starting at |
| Alder | 408 s.f. | \$3,367 |
| One Bedroom | | |
| Maple | 525 s.f. | \$4,326 |
| Dogwood | 588 s.f. | \$4,745 |
| Two Bedroom | | |
| Madrone | 855 s.f. | \$6,747 |

Catered Living is provided by Home Care by Wesley for an additional fee.
Minimum package required.
For second person, add \$800 per month.

Prices in effect January 2024



The Commons

Included in monthly fee

- Three meals per day
- Housekeeping every week
- Laundry service (2 loads per week)
- Apartment and building maintenance
- All utilities including electricity, water, sewer and trash
- Individually controlled heating and air conditioning
- Basic TV service
- Basic telephone service (local access)
- Basic Internet service
- Call alert system
- Complimentary laundry facilities
- Refrigerator, range and microwave
- Blinds on all windows

Campus Amenities

- Town Center with library, creative arts studio, educational theater and non-denominational chapel
- Two campus dining rooms, bistro and club lounge
- Fitness center with wellness programs and exercise classes
- Scheduled transportation to shopping, medical appointments and outings
- Social programs, events and tours
- Spiritual enrichment program
- Chaplain's services
- Continuing education classes
- Lawn care and grounds keeping
- Security controlled entrance
- Gardens and walking paths
- 24-hour emergency staffing
- Active Resident Council

Conveniences available for an additional fee

- Garage parking as available
- Storage unit as available
- Guest suite and guest meals
- Beauty salon/barber
- Catered Living program fees determined separately

Wesley at Tehaleh is a shared ministry with Presbyterian Homes & Services for those 62 years of age or better. Smoking is not allowed on campus. Well-behaved pets are allowed for an additional fee.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



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Catered Living

A Home Care by Wesley Program



Catered Living is a flexible home care program offered in The Commons neighborhood at Wesley communities. Residents receive the care they need to remain as independent as possible for as long as possible. For those in transition, the Catered Living program allows support to be increased or decreased as needed.

Staffed by certified nursing assistants with registered nurse oversight, Catered Living provides care services similar to assisted living 24 hours a day, 7 days a week for scheduled and unscheduled needs. Higher level nursing services and health care support is available, including care coordination with physicians and other medical providers, oversight for diabetic residents, full medication administration and assessments of ongoing needs as well as acute situations.

Common services provided by Catered Living:

- Care coordination with medical providers
- Mobility assistance, exercise and transferring
- Incontinence support
- Bathing, dressing and personal care
- Diabetes management
- Reassurance checks
- Medication management

Care levels are based on a point system which assigns a point value to each service based on the time needed, level of involvement and acuity of task required to perform that service. Our Care Coordinator reviews the services and care needed with each resident to determine the best level to meet those needs. A care plan package is then developed. Follow up assessments are conducted every six months or when service needs change.



Catered Living

| Package | Points | Price per month |
|---------|---------|-----------------|
| 1 | 0-25 | \$600 |
| 2 | 26-70 | \$1,186 |
| 3 | 71-120 | \$1,747 |
| 4 | 176-225 | \$2,337 |
| 5 | 166-215 | \$2,916 |

| Package | Points | Price per month |
|---------|---------|-----------------|
| 6 | 216-260 | \$3,671 |
| 7 | 261-310 | \$3,986 |
| 8 | 311-355 | \$4,608 |
| 9 | 356-400 | \$4,983 |
| 10 | 401+ | \$5,358 |

Through individual care coordination, Catered Living is designed so program participants receive and pay only for the services they need.

Examples of Monthly Packages

Package 1 may include:

- Medication Management
- 24/7 access to Urgent Support

Package 5 may include:

- Shower Assistance once a week
- Extensive daily assistance with a.m. and p.m. Grooming and Dressing
- Medication Management of nine or more medications
- Medication Reminders
- Escorts to and from dining and activities

Package 10 may include:

- Medication Administration, including help with Diabetes Management
- Extensive a.m. and p.m. assistance with Bathing, Grooming and Dressing
- High level Incontinence Support
- Help with Transfers and Ambulation
- Safety and Cognitive Support

Catered Living rates are separate and in addition to the Monthly Service Fee of The Commons and its associated services.

Some Registered Nurse services may incur additional charges.

Home Care by Wesley is part of Wesley Health & Home Care, a licensed not-for-profit home health agency.

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(206) 870-1127
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