

# The Commons



Indulge yourself with the simplicity of a complete daily dining service, weekly housekeeping and a full schedule of social and recreational activities.

For additional personal care, this wing of apartments in The Gardens is efficiently served by staff from Home Care by Wesley, an independent, licensed home care agency. These apartments are designed for those who want more services included in their monthly fee and benefit from scheduled care under the Catered Living program.

The Commons is a month-to-month rental arrangement.

Apartment	Size (approx.)	Monthly Service Fee
<b>Studio</b>		
Alder	425 s.f.	Starting at \$3,400
Alpine	425 s.f.	\$3,400
<b>One Bedroom</b>		
Maple	555 s.f.	\$5,106
Cedar	570 s.f.	\$4,697
Cottonwood	630 s.f.	\$5,191
Dogwood	630 s.f.	\$5,191
<b>One Bedroom Plus Den</b>		
Madrona	645 s.f.	\$5,934
<b>Two Bedroom</b>		
Redwood	965 s.f.	\$7,720

Catered Living is provided by Home Care by Wesley for an additional fee.  
Minimum package required.  
For second person, add **\$800** per month.  
**Due to the nature of new construction, this information is subject to change.**

Prices in effect January 2024



# The Commons

## Included in monthly fee

- Three meals per day
- Housekeeping every week
- Laundry service (2 loads per week)
- Apartment and building maintenance
- All utilities including electricity, water, sewer and trash
- Individually controlled heating and air conditioning
- Basic TV service
- Basic telephone service (local access)
- Basic Internet service
- Call alert system
- Complimentary laundry facilities
- Refrigerator, range and microwave
- Blinds on all windows

## Campus Amenities

- Town Center with library, creative arts studio, educational theater and non-denominational chapel
- Multiple campus dining rooms, bistros and lounges
- Fitness center with wellness programs and exercise classes
- Scheduled transportation to shopping, medical appointments and outings
- Social programs, events and tours
- Spiritual enrichment program
- Chaplain's services
- Continuing education classes
- Lawn care and grounds keeping
- Security controlled entrance
- Gardens and walking paths
- 24-hour emergency staffing
- Active Resident Council

## Conveniences available for an additional fee

- Garage parking as available
- Storage unit as available
- Guest suite and guest meals
- Beauty salon/barber
- Catered Living program fees determined separately

Wesley Des Moines is for those 62 years of age or better. Smoking is not allowed on campus. Well-behaved pets are allowed for an additional fee.

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Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



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[DesMoines.WesleyChoice.org](http://DesMoines.WesleyChoice.org)



# Catered Living

A Home Care by Wesley Program



Catered Living is a flexible home care program offered in The Commons neighborhood at Wesley communities. Residents receive the care they need to remain as independent as possible for as long as possible. For those in transition, the Catered Living program allows support to be increased or decreased as needed.

Staffed by certified nursing assistants with registered nurse oversight, Catered Living provides care services similar to assisted living 24 hours a day, 7 days a week for scheduled and unscheduled needs. Higher level nursing services and health care support is available, including care coordination with physicians and other medical providers, oversight for diabetic residents, full medication administration and assessments of ongoing needs as well as acute situations.

## Common services provided by Catered Living:

- Care coordination with medical providers
- Mobility assistance, exercise and transferring
- Incontinence support
- Bathing, dressing and personal care
- Diabetes management
- Reassurance checks
- Medication management

Care levels are based on a point system which assigns a point value to each service based on the time needed, level of involvement and acuity of task required to perform that service. Our Care Coordinator reviews the services and care needed with each resident to determine the best level to meet those needs. A care plan package is then developed. Follow up assessments are conducted every six months or when service needs change.



# Catered Living

Package	Points	Price per month
1	0-25	\$600
2	26-70	\$1,200
3	71-115	\$1,800
4	116-165	\$2,400
5	166-210	\$3,000

Package	Points	Price per month
6	211-260	\$3,600
7	261-305	\$4,200
8	306-350	\$4,800
9	351-400	\$5,400
10	401-445	\$6,000

Package	Points	Price per month
11	446-495	\$6,600
12	496-540	\$7,200
13	541-590	\$7,800
14	591-635	\$8,400
15	636-685	\$9,000*

Through individual care coordination, Catered Living is designed so program participants receive and pay only for the services they need.

## Examples of Monthly Packages

### Package 1 may include:

- Medication Management
- 24/7 access to Urgent Support

### Package 8 may include:

- Medication Management, including help with Diabetes Management
- Medication Administration up to twice a day, including delegation for Diabetes Administration
- Assistance with a.m. and p.m. Dressing plus compression stockings

- Weekly Shower Assistance
- High Level Incontinence Support
- Escorts to and from all meals
- Hands-on Incontinence Support up to five times a day
- Daily Housekeeping Support for garbage and bedmaking

### Package 15 may include (plus 2 Ancillary Charges):

- Medication Management with delegation for Diabetes administration
- Medication Administration with Diabetes Management help

- Extensive a.m. and p.m. assistance with Bed Bath, Grooming, and Dressing
- High Level Incontinence Support
- Escorts to and from all dining
- Regular Escorts to activities (12 non-dining escorts a week)
- Unlimited Transfer Support
- Daily Hydration Support
- Additional Daily Housekeeping

Catered Living rates are separate and in addition to the Monthly Service Fee of The Commons and its associated services. Some Registered Nurse services may incur additional charges.

\*For each additional 40 points over 685, add \$350.

Home Care by Wesley is part of Wesley Health & Home Care, a licensed not-for-profit home health agency.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



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[HomeCare.WesleyChoice.org](http://HomeCare.WesleyChoice.org)

