



AUBURN - Lea Hill
BONNEY LAKE - at Tehaleh
DES MOINES
PUYALLUP - Bradley Park
WesleyChoice.org/WesleyU

LIFELONG LEARNING COURSE CATALOG | WINTER 2025



**Please register in advance for each class
so we can send you the appropriate link and details.**

See page 2 for registration instructions.

Wesley U courses are **FREE** for
residents and community members
thanks to our sponsor:



Thank you to the **Wesley U Resident Committee** and staff for planning the Wesley U program.

Wesley Bradley Park - Puyallup

Liz Carter
Marilyn Knutson
Margaret McCormick
Mistie Hansen, staff

Wesley Des Moines

Diane Collier
Sue Lawrence
Verla Morrison
Nancy Robertson
Lila Sjodin
Paula Olson, staff
Naniofa Poulivaati-Mounga, staff

Wesley Lea Hill - Auburn

Barbara Dadd Shaffer
Bill Freitag
Helena Hanna
Marlene Feliciano, staff

Wesley at Tehaleh - Bonney Lake

Diane Olson
Marilyn Thoms
Erica Hack, staff

WesleyChoice.org

Wesley is a nonprofit organization offering a full spectrum of lifestyle options for aging well, including residential communities, in-home health and care services in King and Pierce counties.



Welcome to Wesley U

Wesley U classes stimulate meaningful learning, interaction, and personal growth for Wesley residents and our neighboring communities.

Wesley U courses are available in a variety of formats:



In-person Speaker

Rotating Wesley locations host the instructor in-person. If specified, other Wesley locations participate via Zoom.



Zoom In

Join a Zoom class from your computer, tablet or smartphone. Prior to each class, you'll receive an email reminder with the Zoom link and class information.



Small Group

You can also participate in the Zoom class with other residents in the room as stated on the course page.

PLEASE REGISTER IN ADVANCE

If more than one person per household is participating, please register separately online or indicate both names on registration form.

BEST WAY: ONLINE - Scan QR code or visit WesleyChoice.org/WesleyU



EMAIL

Scan registration page or send your list of classes to WesleyU@wesleyhomes.org

PHONE

Call Wesley U Manager: (206) 870-1385

DROP OFF

Complete the **inserted registration form** and return it to your Front Desk.



WESLEY

Community · Choice · Continuing Care

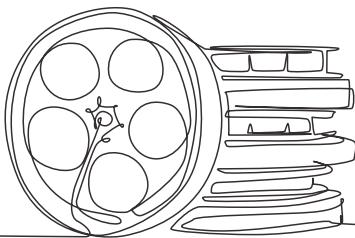
COURSE DESCRIPTIONS

Native Americans in Cinema: Films About and By Native Americans • Four-class Series + Film Screenings

Classes: January 10, 17, 24, 31 • 2:00pm-3:00pm • Zoom

This offering will look at movies made over the past century that used Native American culture, history, and people as a focal point of the films' stories. For the first years of movie-making, Native Americans were portrayed as the "antagonist," the enemy, the obstacle to Western progress and expansion. As time went on, they were portrayed as victims or an unexamined character in America's history. Both of these were usually done without consultation with Native people themselves. Today Native people write, direct, act, and make films about their people and culture. We will examine and discuss differences we see in films made about Native Americans and the films that Native Americans are making themselves.

The screenings will move chronologically from *In the Land of the War Canoes*, to *Broken Arrow* (1950 version), then *Little Big Man*, finishing with *The Body Remembers When the World Broke Open*.



Screenings: In this course, you'll view each film at your Wesley community prior to the day of class with the instructor. Film lengths vary from 45 minutes to 135 minutes.

- **Des Moines: Thursdays, January 9, 16, 23, 30 • 1:00pm to 3:30pm.**
- **Bradley Park: Thursdays, January 9, 16, 23, 30 • 1:30pm to 4:00pm.**
- **Lea Hill: Thursdays, January 9, 16, 23, 30 • 1:30pm to 4:00pm.**
- **Tehaleh: Thursdays, January 9, 16, 23, 30 • 2:00pm to 4:30pm.**

ABOUT THE INSTRUCTOR



Roger Fernandes is a Native American artist, educator, and storyteller. He is an enrolled member of the Lower Elwha Klallam Tribe of western Washington and has a BA in Native American Studies from The Evergreen State College, and an MA in Whole Systems Design from Antioch University. He has worked as a professional artist and storyteller for over 50 years and teaches classes on Native American culture and art at the University of Washington.



When Your Grandpa Is a Bot: AI, Death, and Digital Doppelgangers • Single Class

Tuesday, January 14 • 1:00pm-2:00pm • Zoom

After his father passed away, Muhammad Aurangzeb Ahmad brought him back—digitally. To give his young children the experience of knowing their grandfather, he created an artificial intelligence (AI) simulation he called “Grandpa Bot” that could act like his father. As his kids grow up interacting with Grandpa Bot, Ahmad has had to confront firsthand the increasingly blurred lines between what is human and what is code.

In this talk, Ahmad uses his experience to explore how artificial intelligence will transform our society, culture, and relationships. How might AI change what it means to be human? What does it mean to remember a loved one? What is personal identity? Join him for a talk about how technology is shaking up the foundational questions of life.

ABOUT THE INSTRUCTOR



Muhammad Aurangzeb Ahmad (he/him) is a research scientist at the University of Washington’s Harborview Medical Center and an affiliate assistant professor in the department of Computer Science at the University of Washington, Bothell. He earned his PhD in computer science from the University of Minnesota. His research focuses on artificial intelligence,



algorithmic nudging (using algorithms to change human behavior), and personality emulation (software that can act like humans). He

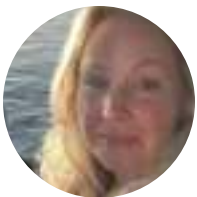
thinks extensively about the social, cultural, and ethical impact of AI and machine learning. Ahmad lives in Bothell.

Oil Spill Prevention and Response in the Salish Sea: A Local Lens • Single Class

Wednesday, January 15 • 10:00am-10:45am • Zoom

Tucked against the boundary between the United States and Canada, the San Juan Islands may feel remote, but in fact are a stone's throw from a long list of major urban areas, critical industrial sites, and some of the most complex and highly trafficked marine transport routes in the world. Tankers, cruise ships, ferries, military vessels, cargo container ships, fishing boats, and an array of other commercial marine traffic regularly ply Washington waters. At times, unreliable ferries, poor weather conditions for air travel, and limited local support systems mean that San Juan County is forced to rely on local capabilities, especially early on in a crisis. In this presentation, we'll gain an understanding of what is happening in some of the heavy tanker traffic areas of the Salish Sea. Islands' Oil Spill Association (IOSA) is a nonprofit focused on training and responding to spills within San Juan County. Along with performing community education and training, IOSA has gained approval from the USCG and Washington state agencies to acquire equipment and develop operational logistics for ready response to spills.

ABOUT THE INSTRUCTOR



Elaina Thompson was born and raised in the beautiful Columbia River Gorge in Washington state. She holds a BA from Western Washington University, a US Coast Guard 100 Ton Master License, and has over 20 years of combined professional experience working within the marine industry and the nonprofit realm. She joined IOSA's Board of Directors in 2020 and served as Vice President of the Board in 2021 and 2022. She is now the full-time Executive Director. Elaina's affinity for being on the water and her deep love of nature gives her great respect for her home, the San Juan Islands, where she is dedicated to their lasting preservation and protection.



The Korean War • Two-part Series

The Korean War of 1950-1953 and Its Troubled Legacy

Wednesday, January 22 • 10:30am-11:30am • Des Moines and Zoom

The military conflict on the Korean peninsula raged from June 1950 to July 1953, and caused over 3,000,000 deaths. An unpopular armistice halted the major combat operations and allowed for the release of prisoners; however, the cease fire agreement did not end the war and left the Korean people divided by a Demilitarized Zone. The armistice has held for more than seventy years, leading to an unprecedented period of stability, peace and prosperity throughout East Asia. This presentation will examine how the “Forgotten War” changed the course of world history and why its conflicted legacy still influences the contentious relations between the US, China and the two Koreas.

ABOUT THE INSTRUCTOR



Michael J. Devine is an adjunct professor of history at the University of Wyoming. He is the former director of the Harry S. Truman Presidential Library and the author of *The Korean War Remembered: Contested Memories of an Unended Conflict*. A former Peace Corps Volunteer to Korea, he twice returned to serve as a Senior Fulbright Lecturer. In 1998-1999, he was the Houghton Freeman Professor of United States History at the Johns Hopkins-Nanjing University Graduate Center in Nanjing, China. He earned his PhD in US Diplomatic History from Ohio State University.

The Korean War: A Child’s Perspective and Current Reflections

Wednesday, January 29 • 10:30am-11:30am • Des Moines and Zoom

This presentation is an autobiographical reflection on Korean culture at the time of the war through today. Based on her novel, *The Voices of Heaven*, which has been nominated for a national Korean book award, the author shares what life was like for a seven-year-old Korean girl when the war broke out in her country. She describes separation of family, survival on the street, life as a refugee, and the psychological weight of daily reports of the war dead. She details the consequences of rampant gender discrimination and how Confucian values still shape lives in North and South Korea.

ABOUT THE INSTRUCTOR



Maija Rhee Devine, born in 1943, lived through the Korean War while in grade school. She graduated from Sogang Jesuit University in Seoul in 1965, then went to St. Louis University in Missouri for a Master’s in English literature. In 1970, she returned to Korea and taught English at Soodo Women’s Teachers College in Seoul. She met an American Peace Corps volunteer who was teaching English. They married in 1970. Maija wrote her autobiographical novel, *The Voices of Heaven*, which has won four book awards since it was published in 2014.

Big Apples, Big Business: How Washington Became the Apple State • Single Class

Monday, January 27 • 11:00am-12:00pm • Zoom

Why do so many apples in the grocery store look the same? And why do so many come from Washington?

In this talk, explore how Washington became the top apple producing state in the country, and how, in the process, it transformed apples into an industrialized commodity. Many regions in the West attempted to grow apples, but in Washington, big apples became big business thanks to the work of scientists, investors, irrigators, railroad corporations, marketers, and apple growers. How does the history of Washington apples reflect larger changes happening in the American food system—changes that continue to affect our environment and the way we eat today?

ABOUT THE INSTRUCTOR



Amanda L. Van Lanen (she/her) is a Professor of History at Lewis-Clark State College and the author of *The Washington Apple: Orchards and the Development of Industrial Agriculture*. She earned a PhD in history at Washington State University, and blogs about food history at historyreheated.com. Van Lanen lives in Asotin.





Watercolor Painting • Three-part Series

Tehaleh • Mondays, Feb 3, 10, 17 • 10:00am-12:00pm

Bradley Park • Tuesdays, Feb 4, 11, 18 • 10:00am-12:00pm

Des Moines • Thursdays, March 13, 20, 27 • 10:00am-12:00pm

Lea Hill • Fridays, March 14, 21, 28 • 1:00pm-3:00pm

This in-person series requires physical and cognitive ability to independently follow the instructor. Each class has a limited number of participants. Please register early.

Charlene includes seasonal subject matter and continues to focus on the beginner while offering growth in skills for those experienced in the medium. In each class, participants complete a painting based on a traced image so there is no need to know how to draw. Each painting features specific watercolor techniques to develop and enhance skills.

Paper is provided for each project. If a participant is new to watercolor and needs supplies, there is a supply list available or a kit can be purchased with one week notice provided to the instructor. The kit is \$75 (her cost) and has everything you need for years to come. After registration is confirmed, contact Charlene for a kit at charlene.burley@gmail.com.

ABOUT THE INSTRUCTOR



Charlene Burley has been painting in watercolor for more than 10 years and loves the medium. Charlene is a collective member of the Art Gallery of Snovalley in Snoqualmie, and is also a member of the Northwest Watercolor Society, the South Hill Artists and the Mount Si Artist Guild. She has provided painting classes for Wesley Homes for many years and has a dedicated following. Charlene is gifted at helping both beginner and experienced painters develop their skills in the same class.

The Art of Paper Cutting • Single Class

Tuesday, February 4 • 1:30pm-2:15pm • Des Moines and Zoom

The cutting of paper as a form of artistic expression has been around since shortly after the invention of paper in China around 105 CE. In this lecture, we'll look at several examples of different schools of cutting paper from around the world. We'll emphasize the principles to observe when cutting paper and we'll see several examples of Dave's art.

The Art of Paper Cutting • In-person Demonstrations

Des Moines • Friday, February 7 • 2:00pm-3:00pm

Bradley Park • Friday, February 21 • 2:00pm-3:00pm

Lea Hill • Friday, February 28 • 2:00pm-3:00pm

Tehaleh • Friday, March 7 • 2:00pm-3:00pm

As a follow-up series to the lecture, these in-person demonstrations will allow the audience to observe the process Dave uses in making paper banners from drawing to cutting. While this is not a hands-on class, Dave will have paper available for those who would like to begin exploring their own paper cutting at home. NO ZOOM.

ABOUT THE INSTRUCTOR



Dave Roberts, a Wesley Des Moines resident of almost four years, served as pastor for three American Baptist churches in Washington state. His wife says

he's failed retirement four times as he has served four churches as interim pastor. He began designing banners to be hung in sanctuaries using colored burlap and felt. He soon experienced the limitations of those materials and while in Berkeley, California, for continuing education, he saw a display of relatively small pieces of cut paper art and "wanted to try that." Most of his pieces are intended for large open spaces and are not as intricate as the first examples he saw. He enjoys "hiding" symbols or small designs within the larger creations. Recently he's worked to scale down the size to be appropriate for a living room, which is the size he will show in the demonstrations.





Journey to the Salish Sea: Storytelling and Music

Des Moines • Wednesday, February 12 • 10:30am-11:30am

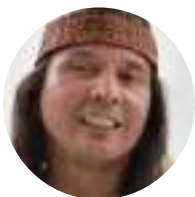
Lea Hill • Wednesday, February 12 • 1:00pm-2:00pm

Tehaleh • Wednesday, February 19 • 10:30am-11:30am

Bradley Park • Wednesday, February 19 • 1:00pm-2:00pm

As a traditional Coast Salish storyteller and flutist, Chiyokten guides us on a journey through the world of mermaids, grandmother cedar trees and marauding giant ogresses via traditional story, song and Native American flute music of his Coast Salish territory. We don't simply listen to the story; we are part of the story! We will travel to the ancient forests, meadows and waters of the Salish Sea and experience the eternal connective sounds of nature with masterful deliverance of Coast Salish Native American flute music and storytelling. Join us for this in-person presentation. NO ZOOM.

ABOUT THE INSTRUCTOR



Chiyokten Paul Wagner is a tribal member of the Saanich Nation, which is located on what many call Vancouver Island, BC in Canada. His debut CD, "Journey of the Spirit," won the JPF National Music Award "Best Native American Album 2009." Chiyokten is also the founder of *Protectors of the Salish Sea*, an organization that actively stands up for the tree, plant and animal peoples as well as human peoples of Mother Earth and the livable future for all children.

The Virtues • Four-part Series

Thursday, February 13 • 2:00pm-3:00pm • Des Moines and Zoom

Thursday, February 20 • 2:00pm-3:00pm • Lea Hill and Zoom

Thursday, February 27 • 2:00pm-3:00pm • Tehaleh and Zoom

Thursday, March 6 • 2:00pm-3:00pm • Bradley Park and Zoom

Virtue theory is an approach to ethics that focuses on the characteristics of noble people. While most moral theories focus on what it means to *do* good, virtue theory focuses on what it means to *be* good. What are the characteristics of good people? Reflections on this question are ancient, with thinkers like Aristotle and Jesus in the West and the Buddha and Confucius in the East addressing it—as well as contemporary scholars. In this series we look at the virtues of sincerity and honesty.

ABOUT THE INSTRUCTOR



Dr. David E. Smith grew up in the world of fundamentalist religion. As an adult he gradually moved away from that worldview and became a religious progressive/skeptic. After earning an MA in philosophy of religion, he received a second MA and a PhD in religious studies from Temple University in Philadelphia. Formerly a full-time philosophy and religious studies faculty member at Central Washington University in Ellensburg, Washington, he now teaches for the National Osher Resource Center and the Osher Lifelong Learning Institute at the University of Washington, and offers independent seminars and personal consultations in comparative religion and philosophy. He has published widely in these areas, as well. His mission is to empower people to think well for themselves about things that matter.





Conflict Zones: Roots of Conflict and the Road to Resolution • Three-part Series, Two Presenters

Overview: Roots of Conflict and the Road to Resolution

Wednesday, February 26 • 1:00pm-2:00pm • Bradley Park and Zoom

Ignited by any number of reasons, including tradition, religion, or resources, wars occur all over the world; some conflicts have persisted for decades. This course explores the theoretical and empirical approaches to war and peace. The primary purpose of this course is to introduce participants to armed conflicts and methods of resolving them. The first session will critically examine the root causes of conflicts and offer an overview of what we see happening in conflict zones around the globe today.

Conflict in the Ivory Coast and Nigeria and the Potential for Peace

Friday, March 14 • 10:30am-11:30am • Bradley Park and Zoom

The second session will provide participants with a case study of post-electoral violence in the Ivory Coast and Boko Haram in Nigeria, and will illustrate mechanisms for peacebuilding. Participants will gain an understanding of how these mechanisms are applied in conflict resolution and analysis.

ABOUT THE INSTRUCTOR



Francis Mbawini Abugbilla is an emerging expert in international relations and is the 2017-2018 Henry M. Jackson Doctoral Fellow. His research interests include international cooperation, foreign policy, diplomacy, and international conflict management, and peace building in Africa. His primary research focus is Peace, Violence, and Security (PVS), with

Law, Rights, and Governance (LRG) as his secondary area. Francis received his master's degree in French with specialization in Francophone Studies at the University of Arizona, Tucson. His undergraduate studies were at the University of Cape Coast, Ghana, where he graduated with a Bachelor of Education Honors Degree in French with a minor in English. He holds certificates in Comparative Human Rights and Translation at CAVILAM-Université de Claremont Ferrand, France and at CIREL, Togo respectively.

Understanding Sudan: Conflict History, Root Causes, and Prospects for Peace

Monday, March 17 • 2:00pm-3:00pm • Des Moines and Zoom

This one-hour class offers a comprehensive overview of Sudan's conflict history, delving into the root causes that have fueled cycles of violence and instability. We will examine colonial legacies, ethnic and economic divisions, resource conflicts, and political power struggles that have shaped Sudan's trajectory. Through exploring the current landscape, participants will gain insights into potential pathways for peace and Sudan's future in the context of regional and international dynamics. This session is ideal for students, professionals, and anyone interested in understanding the complexities of Sudan's conflict and the prospects for sustainable solutions.

ABOUT THE INSTRUCTOR



Yasir Zaidan is a Sudanese PhD candidate at the Henry M. Jackson School of International Studies at the University of Washington. His research is centered on the expanding influence of Middle Eastern nations in the Horn of Africa, particularly focusing on the evolving dynamics shaping port development policies across the Red Sea region. Zaidan's academic pursuits have been significantly informed by his professional experiences in both East Africa and the Middle East. Prior to embarking on his doctoral studies, Zaidan served as a part-time lecturer at the National University-Sudan and research assistant at the Washington Institute for Near East Policy. He holds an MA in statecraft and national security affairs from the Institute of World Politics in Washington, DC, with a specialization in comparative national security systems. Additionally, he obtained his undergraduate degree in electrical engineering from the University of Khartoum in Sudan in 2012.





The First British Rock Invasion (1955-1969)

Des Moines • Tuesday, March 4 • 11:00am-12:00pm

Bradley Park • Tuesday, March 11 • 10:30am-11:30am

Tehaleh • Tuesday, March 18 • 1:00pm-2:00pm

Lea Hill • Tuesday, March 25 • 10:00am-11:00am

Following the devastation of World War II, British youth sought to find their own musical identity and escape the conservative class system of their country. They latched on to American traditional jazz, folk music, and the new rock 'n' roll that was brought to their shores by Bill Haley and the Comets in 1957. British youngsters also latched onto rhythm and blues by Chicago musicians like Muddy Waters. Gradually, they developed their own brand of rock music and brought it to the United States, starting with the arrival of The Beatles in 1964. Musician and popular music historian Dr. David Lee Joyner will present a lively multi-media presentation combined with live performance of the history and evolution of British rock and its musicians that invaded America in the 1960s. NO ZOOM.

ABOUT THE INSTRUCTOR [David Joyner headshot]



*A native of Memphis, Tennessee, **Dr. David Lee Joyner** came to western Washington from the University of North Texas in Denton, where he held the position of Associate Professor of Jazz Studies from 1986 to 2000.*

*From 2000-2017 he was Professor of Music at Pacific Lutheran University in Tacoma, Washington. He received his Bachelor's degree in composition and PhD in ethnomusicology from the University of Memphis, and his Master's degree in composition from the University of Cincinnati College-Conservatory of Music. Dr. Joyner has performed and lectured all over the world and has backed up such celebrities as Bob Hope, Henry Mancini, Rich Little, and Danny Thomas. His album, *Up Front*, featuring fourteen of his original compositions, his piano artistry, and some of the finest jazz musicians in the Northwest, was released in 2022.*

The Fourth Dimension: One Billion Years of Washington Geology - Part 2

Wednesdays, March 5, 12, 19, 26 • 10:30am-12:00pm • Zoom

We pick up this series from Wesley U's winter quarter. Now in Part 2 of **The Fourth Dimension**, we will piece together our state's geology through the last one billion years of geologic time. Simply put, we will learn how Washington's geoscape evolved by going back through geologic eons, eras, periods, and epochs. You will enjoy this class even if you were unable to attend the first two courses in the series (we will review as we go along). Join us as we explore the timing of our earthquakes, volcanic eruptions, natural disasters, and our intriguing glacial landscape!

ABOUT THE INSTRUCTOR



Dale Lehman (he/him) is the president of the Puget Lobe Chapter of the Ice Age Floods Institute, a member of the Geologic Society of America, and a member of the Northwest Geological Society. In 2014, he received the Outstanding Earth Science Teaching award from the National Association of Geoscience Teachers. Dale retired in 2021 after 36 years of teaching geology and environmental science to students of all ages. During his long career, Dale worked as an adjunct instructor at the University of Washington, Central Washington University, and for the Tahoma School District in Maple Valley. Dale is eager to share his love of geology and the natural world through the Wesley U program.





You can participate in Wesley U classes a number of ways!



In-person Classes and Workshops

Rotating Wesley locations host instructors in-person. If specified, other Wesley locations participate via Zoom.



Over Zoom

- **Online from your own device** (computer, tablet, or phone) at home.
- **With a small group** at your Wesley campus. Below are the default locations unless otherwise indicated:
 - Bradley Park:** check your activities calendar
 - Des Moines:** in the Suzanne McCarthy Education Center (Terrace Classroom)
 - Lea Hill:** check your activities calendar
 - At Tehaleh:** in the Club Room



Watch a recording

Classes offered on Zoom are typically recorded. Everyone who registers for a class will be sent a link to the recording after the class, even if you have to miss the class or if you just want to watch it again.



January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9 Film Viewing: <input type="checkbox"/> 1:00pm - DM <input type="checkbox"/> 1:30pm - BP, LH <input type="checkbox"/> 2:00pm - TE	10 <input type="checkbox"/> 2:00pm Native American Film - Z
13	14 <input type="checkbox"/> 1:00pm When Your Grandpa Is A Bot - Z	15 <input type="checkbox"/> 10:00am Oil Spill Prevention & Response, IOSA - Z	16 Film Viewing: <input type="checkbox"/> 1:00pm - DM <input type="checkbox"/> 1:30pm - BP, LH <input type="checkbox"/> 2:00pm - TE	17 <input type="checkbox"/> 2:00pm Native American Film - Z
20	21	22 <input type="checkbox"/> 10:30am The Korean War - DM, Z	23 Film Viewing: <input type="checkbox"/> 1:00pm - DM <input type="checkbox"/> 1:30pm - BP, LH <input type="checkbox"/> 2:00pm - TE	24 <input type="checkbox"/> 2:00pm Native American Film - Z
27 <input type="checkbox"/> 11:00am Big Apples, Big Business - Z	28	29 <input type="checkbox"/> 10:30am The Korean War - DM, Z	30 Film Viewing: <input type="checkbox"/> 1:00pm - DM <input type="checkbox"/> 1:30pm - BP, LH <input type="checkbox"/> 2:00pm - TE	31 <input type="checkbox"/> 2:00pm Native American Film - Z

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 <input type="checkbox"/> 10:00am Watercolor - TE	4 <input type="checkbox"/> 10:00am Watercolor - BP <input type="checkbox"/> 1:30pm The Art of Paper Cutting - DM, Z	5	6	7 <input type="checkbox"/> 2:00pm Paper Cutting Demo - DM
10 <input type="checkbox"/> 10:00am Watercolor - TE	11 <input type="checkbox"/> 10:00am Watercolor - BP	12 <input type="checkbox"/> 10:30am Journey Through the Salish Sea - DM <input type="checkbox"/> 1:00pm Journey Through the Salish Sea - LH	13 <input type="checkbox"/> 2:00pm The Virtues - DM, Z	14 Valentine's Day
17 <input type="checkbox"/> 10:00am Watercolor - TE	18 <input type="checkbox"/> 10:00am Watercolor - BP	19 <input type="checkbox"/> 10:30am Journey Through the Salish Sea - TE <input type="checkbox"/> 1:00pm Journey Through the Salish Sea - BP	20 <input type="checkbox"/> 2:00pm The Virtues - LH, Z	21 <input type="checkbox"/> 2:00pm Paper Cutting Demo - BP
24	25	26 <input type="checkbox"/> 1:00pm Conflict Zones - BP, Z	27 <input type="checkbox"/> 2:00pm The Virtues - TE, Z	28 <input type="checkbox"/> 2:00pm Paper Cutting Demo - LH

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 <input type="checkbox"/> 11:00am First Invasion of British Rock - DM	5 <input type="checkbox"/> 10:30am The 4th Dimension: Geology - Z	6 <input type="checkbox"/> 2:00pm The Virtues - BP, Z	7 <input type="checkbox"/> 2:00pm Paper Cutting Demo - TE
10	11 <input type="checkbox"/> 10:30am First Invasion of British Rock - BP	12 <input type="checkbox"/> 10:30am The 4th Dimension: Geology - Z	13 <input type="checkbox"/> 10:00am Watercolor - DM	14 <input type="checkbox"/> 10:30am Conflict Zones - BP, Z <input type="checkbox"/> 1:00pm Watercolor - LH
17 <input type="checkbox"/> 2:00pm Conflict Zones - DM, Z	18 <input type="checkbox"/> 1:00pm First Invasion of British Rock - TE	19 <input type="checkbox"/> 10:30am The 4th Dimension: Geology - Z	20 <input type="checkbox"/> 10:00am Watercolor - DM	21 <input type="checkbox"/> 1:00pm Watercolor - LH
24	25 <input type="checkbox"/> 10:00am First Invasion of British Rock - LH	26 <input type="checkbox"/> 10:30am The 4th Dimension: Geology - Z	27 <input type="checkbox"/> 10:00am Watercolor - DM	28 <input type="checkbox"/> 1:00pm Watercolor - LH

BP: Bradley Park **DM:** Des Moines **LH:** Lea Hill **TE:** at Tehaleh **Z:** Zoom

Keep THIS COPY for your records • Use INSERTED FORM to register

Class locations unless otherwise noted:

BP: Bradley Park - Check activities calendar
LH: Lea Hill - Check activities calendar

Zoom: Online

TE: at Tehaleh - Club Room
DM: Des Moines Terrace, Suzanne McCarthy Education Center

CLASS	DAY/DATE	TIME	LOCATION
Native Americans in Cinema: Films About and By Native Americans - Lectures			
<input type="checkbox"/> Four-part Series	Fri, 1/10, 17, 24, 31	2:00pm-3:00pm	Zoom
Native Americans in Cinema: Films About and By Native Americans - Film Screenings			
<input type="checkbox"/> DM	Thurs, 1/9, 16, 23, 30	1:00pm-3:30pm	DM K.C. Clark Theater
<input type="checkbox"/> BP <input type="checkbox"/> LH	Thurs, 1/9, 16, 23, 30	1:30pm-4:00pm	BP Theater, LH Theater
<input type="checkbox"/> TE	Thurs, 1/9, 16, 23, 30	2:00pm-4:30pm	TE Theater
When Your Grandpa Is a Bot: AI, Death and Digital Doppelgangers			
<input type="checkbox"/> Single Class	Tues, 1/14	1:00pm-2:00pm	Zoom
Oil Spill Prevention and Response in the Salish Sea: A Local Lens			
<input type="checkbox"/> Single Class	Wed, 1/15	10:00am-10:45am	Zoom
The Korean War			
<input type="checkbox"/> Two-part Series	Wed, 1/22, 29	10:30am-11:30am	DM, Zoom
Big Apples, Big Business: How Washington Became the Apple State			
<input type="checkbox"/> Single Class	Mon, 1/27	11:00am-12:00pm	Zoom
Watercolor Painting			
<input type="checkbox"/> TE residents only	Mon, 2/3, 10, 17	10:00am-12:00pm	TE Ldg Creativity Ctr
<input type="checkbox"/> BP residents only	Tues, 2/4, 11, 18	10:00am-12:00pm	BP Activity Rm
<input type="checkbox"/> DM residents only	Thurs, 3/13, 20, 27	10:00am-12:00pm	DM Club Rm
<input type="checkbox"/> LH residents only	Fri, 3/14, 21, 28	1:00pm-3:00pm	LH Assembly Hall
The Art of Paper Cutting - Lecture			
<input type="checkbox"/> Single Class	Tues, 2/4	1:30pm-2:15pm	DM, Zoom
The Art of Paper Cutting - Demonstrations			
<input type="checkbox"/> DM	Fri, 2/7	2:00pm-3:00pm	DM
<input type="checkbox"/> BP	Fri, 2/21	2:00pm-3:00pm	BP Event Center
<input type="checkbox"/> LH	Fri, 2/28	2:00pm-3:00pm	LH Assembly Hall
<input type="checkbox"/> TE	Fri, 3/7	2:00pm-3:00pm	TE Club Room
Journey Through the Salish Sea: Storytelling and Music			
<input type="checkbox"/> DM	Wed, 2/12	10:30am-11:30am	DM White-Helms Chapel
<input type="checkbox"/> LH	Wed, 2/12	1:00pm-2:00pm	LH Assembly Hall
<input type="checkbox"/> TE	Wed, 2/19	10:30am-11:30am	TE Event Center
<input type="checkbox"/> BP	Wed, 2/19	1:00pm-2:00pm	BP Event Center
The Virtues			
<input type="checkbox"/> Four-part Series	Thurs, 2/13	2:00pm-3:00pm	DM, Zoom
	Thurs, 2/20	2:00pm-3:00pm	LH Assembly Hall, Zoom
	Thurs, 2/27	2:00pm-3:00pm	TE Event Center, Zoom
	Thurs, 3/6	2:00pm-3:00pm	BP Theater, Zoom
Conflict Zones: Roots of Conflict and the Road to Resolution			
<input type="checkbox"/> Three-part Series	Wed, 2/26	1:00pm-2:00pm	BP Theater, Zoom
	Fri, 3/14	10:30am-11:30am	BP Theater, Zoom
	Mon, 3/17	2:00pm-3:00pm	DM, Zoom
The First British Rock Invasion			
<input type="checkbox"/> DM	Tues, 3/4	11:00am-12:00pm	DM White-Helms Chapel
<input type="checkbox"/> BP	Tues, 3/11	10:30am-11:30	BP Event Center
<input type="checkbox"/> TE	Tues, 3/18	1:00pm-2:00pm	TE Event Center
<input type="checkbox"/> LH	Tues, 3/25	10:00am-11:00am	LH Fireside Room
The Fourth Dimension: One Billion Years of Washington Geology - Part 2			
<input type="checkbox"/> Four-part Series	Wed, 3/5, 12, 19, 26	10:30am-12:00pm	Zoom