

SUN	MON	TUE	WED	THUR	FRI	SAT
6:00 Vespers (G) 7:00 Vespers (T)	1 8:00 Swimming (Mt. Rainier HS) 10:45 Grocery Shopping - Safeway/Bartell Drugs (Des Moines) 1:00 Rummikub (T) 7:00 Monday Night Movie (LH)	2 7:00 Training walks (T) 8:45 Terrace Resident Council Meeting (TC) 9:45 Traveling Library (GL) 10:00 Blood Pressure Checks (G) 10:30 Traveling Library (TL) 10:30 Great Courses Video Lectures (TCR) 10:30 Gardens Resident Council Meeting (Higgins Board Room) 1:00 Fred Meyer Shopping 1:00 Tech Time (Rainier Bistro) 1:30 Sew & So (TAS) 6:45 Terrace Resident Floor Meeting (All Floors)	3 Independence Day 9:30 Coffee Hour (SH) 1:30 Dominoes (G)	4 7:00 Training walks (T) 9:30 Needle Crafts (G) 9:30 Coffee Hour (SH) 10:00 Blood Pressure Checks (T) 10:00 Tech Time (GL) 1:00 Trader Joe's Shopping (Burien) 2:00 Bible Study (G)	5 8:00 Swimming (Mt. Rainier HS) 9:00 Chair Volleyball (TA) 9:00 Fireside Chat with Alex (Gardens Fireside Room) 9:30 Coffee Hour (SH) 10:00 Art Group (SH) 1:30 Mexican Train Dominoes (T&G) 6:00 Pinochle (G) 7:00 Friday Night Movie (TCR)	6 9:30 Coffee Hour (SH)
6:00 Vespers (G) 7:00 Vespers (T)	8 8:00 Swimming (Mt. Rainier HS) 10:45 Grocery Shopping - QFC (QFC) 12:30 Drum For The Health Of It - Beginners (TA) 1:00 Drum For The Health Of It - Advancing (TA) 1:00 Rummikub (T) 2:00 Post Office Shuttle (Des Moines) 3:15 Ukulele Band Practice (Gardens Fireside Room) 7:00 Monday Night Movie (LH)	9 7:00 Training walks (T) 8:00 Men's Breakfast () 9:00 Banking Services (T) 10:00 Blood Pressure Checks (G) 10:30 Great Courses Video Lectures (TCR) 1:00 Alzheimer's Caregivers Support Group (HC) 1:00 Tech Time (Rainier Bistro) 1:30 Banking Services (G) 1:30 Sew & So (TAS) 3:00 Wesley Encores Practice (LH)	10 8:00 Swimming (Mt. Rainier HS) 9:30 Coffee Hour (SH) 10:00 Wii Bowling (T&G) 11:30 Bistro Lunch Shuttle () 1:30 Dominoes (G) 2:30 Wii Bowling (T&G) 5:00 Birthday Dinner (T&G)	11 7:00 Training walks (T) 9:30 Needle Crafts (G) 9:30 Coffee Hour (SH) 9:30 TRIP: Point Defiance Zoo & Aquarium (Tacoma) 10:00 Blood Pressure Checks (T) 10:00 Tech Time (GL) 1:00 Dollar Tree Shopping Trip (Des Moines) 1:30 Silver Kite Creative Arts Workshop (AL-AR) 2:00 Bible Study (G)	12 8:00 Swimming (Mt. Rainier HS) 9:00 Chair Volleyball (TA) 9:30 Coffee Hour (SH) 10:00 Art Group (SH) 11:00 Bingo (TCR) 11:00 Bus to Banks (Des Moines) 1:30 Mexican Train Dominoes (T&G) 6:00 Pinochle (G) 7:00 Friday Night Movie (TCR)	13 9:30 Coffee Hour (SH)
6:00 Vespers (G) 7:00 Vespers (T)	15 8:00 Swimming (Mt. Rainier HS) 10:45 Grocery Shopping - Safeway/Bartell Drugs (Des Moines) 1:00 Rummikub (T) 3:15 Ukulele Band Practice (Gardens Fireside Room) 4:00 Pre-Dinner Social (LH) 7:00 Monday Night Movie (LH)	16 7:00 Training walks (T) 10:00 Blood Pressure Checks (G) 10:30 Great Courses Video Lectures (TCR) 1:00 Fred Meyer Shopping 1:00 Tech Time (Rainier Bistro) 1:30 Sew & So (TAS)	17 8:00 Swimming (Mt. Rainier HS) 9:30 Coffee Hour (SH) 10:00 Wii Bowling (T&G) 11:00 Ladies' Lunch 11:30 Bistro Lunch Shuttle () 1:30 Dominoes (G) 2:30 Wii Bowling (T&G)	18 7:00 Training walks (T) 9:30 Needle Crafts (G) 9:30 Coffee Hour (SH) 10:00 Blood Pressure Checks (T) 10:00 Tech Time (GL) 1:00 Southcenter Shopping Trip (SCM) 2:00 Bible Study (G) 4:00 Annual BBQ (T)	19 8:00 Swimming (Mt. Rainier HS) 9:00 Chair Volleyball (TA) 9:30 Coffee Hour (SH) 10:00 Art Group (SH) 11:00 Bingo (SH) 1:30 Mexican Train Dominoes (T&G) 6:00 Pinochle (G) 7:00 Friday Night Movie (TCR)	20 9:30 Coffee Hour (SH)
6:00 Vespers (G) 7:00 Vespers (T)	22 8:00 Swimming (Mt. Rainier HS) 10:45 Grocery Shopping - QFC (QFC) 12:30 Drum For The Health Of It - Beginners (TA) 1:00 Drum For The Health Of It - Advancing (TA) 1:00 Rummikub (T) 2:00 Post Office Shuttle (Des Moines) 3:15 Ukulele Band Practice (Gardens Fireside Room) 7:00 Monday Night Movie (LH)	23 7:00 Training walks (T) 10:00 Blood Pressure Checks (G) 10:30 Great Courses Video Lectures (TCR) 1:00 Tech Time (Rainier Bistro) 1:30 Sew & So (TAS) 2:00 Towne Meeting (LH) 3:00 Wesley Encores Practice (LH)	24 8:00 Swimming (Mt. Rainier HS) 9:30 Coffee Hour (SH) 10:00 Wii Bowling (T&G) 11:30 Bistro Lunch Shuttle () 1:30 Dominoes (G) 2:30 Wii Bowling (T&G)	25 7:00 Training walks (T) 9:30 Needle Crafts (G) 9:30 Coffee Hour (SH) 10:00 Blood Pressure Checks (T) 10:00 Tech Time (GL) 1:30 Silver Kite Creative Arts Workshop (AL-AR) 2:00 Bible Study (G)	26 8:00 Swimming (Mt. Rainier HS) 9:00 Chair Volleyball (TA) 9:30 Coffee Hour (SH) 10:00 Art Group (SH) 11:00 Bus to Banks (Des Moines) 1:30 Mexican Train Dominoes (T&G) 6:00 Pinochle (G) 7:00 Friday Night Movie (TCR)	27 9:30 Coffee Hour (SH)
9:30 Port of Tacoma Boat Tour (Tacoma Wa) 6:00 Vespers (G) 7:00 Vespers (T)	29 8:00 Swimming (Mt. Rainier HS) 10:45 Grocery Shopping - Safeway/Bartell Drugs (Des Moines) 1:00 Rummikub (T) 3:15 Ukulele Band Practice (Gardens Fireside Room) 7:00 Monday Night Movie (LH)	30 7:00 Training walks (T) 10:00 Blood Pressure Checks (G) 10:30 Great Courses Video Lectures (TCR) 1:00 Tech Time (Rainier Bistro) 1:30 Sew & So (TAS)	31 ROOM KEY AL-AR - 2nd floor Activity Room G - Gardens GL - Gardens Library LH - Gardens Logan Hall SH - Gardens Stanton Hall HC - Health Center QFC - QFC in Burien SCM - Southcenter Mall	T - Terrace T&G - Terrace & Gardens TAS - Terrace Art Studio TA - Terrace Auditorium TC - Terrace Classroom TCR - Terrace Community Room TL - Terrace Library		

July 2018