

February Holidays







Groundhog Day ~ 2nd
 Valentine's Day ~ 14th
 Presidents' Day ~ 17th
 Leap Day ~ 29th



February 2020 Life Enrichment Calendar

*Dear children, let us not love
 with words or speech, but with
 actions and in truth.*

~1 John 3:18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Nail Care</u> <u>by Sheila Winter</u> 2nd & 4th Tuesday 10:00am - 3:00pm</p>  <p>(3rd floor Sharrard Room)</p> <p>Please call her to set up an appointment. (253) 709-2809</p>	<p><u>Balance Point</u> <u>Massage Therapy</u> Julie Venn, LMP</p> <p>A variety of massage services are offered</p>  <p>Please call her to arrange an appointment. (253) 288-8835</p>	<p><u>JEANNETTE'S</u> <u>BEAUTY SALON</u></p>  <p>Please call to set up an appointment.</p> <p>Kandy~Mondays Melanie~Tuesday (every other) - Saturday (253) 876-6016</p>	<p><u>BANKING</u></p> <p>Every Friday 9:30am – 10:30am (Next to Norma's Deli)</p>  <p>We have a representative from Columbia Bank available to assist with transactions.</p>	<p><u>Medical Appointment Transportation</u></p> <p>Every Tuesday</p>  <p>Please see book in Andrew's library for times and areas covered, and please sign up 24 hours in advance.</p>	<p><u>Snacks Available</u></p> <p>Popcorn is provided in the Theater, during the 1:00 movie on Fridays.</p>  <p>A soda pop vending machine is available in the Theater, as well, for your enjoyment anytime.</p>	<p>1</p> <p>12:30 Pinochlers (HD) 12:30 Bridge (FS) 1:00 Lea Hill Quilters (JC) 1:00 "Harvey" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>2</p> <p>3:30 Super Bowl Game! 49ers vs Chiefs (T) 6:30 Sunday Vespers (B)</p> <div style="border: 1px dashed black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>50¢ OFF Your Deli next Sandwich 2/29/20</p> </div>	<p>3</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 1:00 BINGO! (A) 2:30 Lea Hill Singers Rehearsal (A)</p>	<p>4</p> <p>9:00 Self Study Tai Chi (E) 9:00 OnSite Dermatology Appointments (Exam Room on CC 1st floor) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS) 2:30-3:30 WU- The Ever Evolving Hawai'i with Katy Shaw (A) 3:00 Prayer Chain Group (CCC)</p>	<p>5</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Lunch Outing to Mama Stortini's (*) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC) 2:00-4:00 WU- Watercolors with Charlene Burley (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:30 Hatha Yoga (E)</p>	<p>6</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:00 Blessing of Your Hands (B) 11:15 AOA Chair Strength (E) 2:00 Grief Support Group (S) 2:30-4:00 WU- Political Parties with Rich Elfers- Lecture #3 (A) (make-up lecture)</p>	<p>7</p> <p>9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Outing to Auburn Walmart (*) 1:00 Court Whist (JC) 1:00 "Inferno" Movie & Popcorn (T) 2:00-3:00 WU- At Our Age- "Act Now" (A) 3:00 Brain Fitness (JC) 3:30 Drum Circle (A) 6:30 Movie 2nd showing (T)</p>	<p>8</p> <p>12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "Fantastic Beasts & Where to Find Them" Movie (T) 1:15 Outing to Seattle Chocolate Company Tour (*) 6:30 Movie 2nd Showing (T)</p>

<p>9</p> <p>6:30 Sunday Vespers (B)</p>	<p>10</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 2:30 Lea Hill Singers Rehearsal (A)</p>	<p>11</p> <p>7:30 Omelet Bar (HD) 9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Chef's Cooking Class (HD) 1:00 Fun w/ Threads (FS) 2:30-3:30 WU- The Ever Evolving Hawai'i with Katy Shaw (A)</p>	<p>12</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Lunch Outing to RAM (*) 2:00-4:00 WU- Watercolors with Charlene Burley (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:30 Hatha Yoga (E)</p>	<p>13</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 2:00 Conversation in the Round (A) 2:30 "Love is in the Air" Happy Hour (FS) 6:30 Entertainment with Jim & Beth Wulff (FS)</p>	<p>14</p> <p>6:30 Valentine Breakfast Fundraiser (*) 9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Rules Don't Apply" Movie & Popcorn (T) 2:00-3:00 WU- At Our Age- "Medically Speaking" (A) 3:00 Brain Fitness (JC) 4:00 Dinner on the Hill – "Valentine" Theme (HD) 6:30 Movie 2nd showing (T)</p>	<p>15</p> <p>10:00 SKC Genealogical Society Meeting (T) 10:00 Walk @ Auburn Outlet Collection Mall with Angelique (*) 12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "The World We Made" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>16</p> <p>1:00 Pre-Concert Talk w/ Dave Beck (*) 1:45 Happy Birthday, Beethoven! Concert (*) 6:30 Sunday Vespers (B)</p>	<p>17</p> <p>11:00 Chime Choir Rehearsal (A) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 1:00 Lea Hill Book Club (JC) 1:00 BINGO! (A) 2:30 Lea Hill Singers Rehearsal (A) 6:00 Guide Dog Visit (FS)</p>	<p>18</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 10:45 Visiting Library (FS) 11:15 AOA Chair Strength (E) 1:00 Fun with Threads (FS) 2:30-3:30 WU- The Ever Evolving Hawai'i with Katy Shaw (A)</p>	<p>19</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Lunch Outing to Bogey's (*) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC) 1:00 Sound Associates Hearing Aid Check & Cleaning (S) 2:00-4:00 WU- Watercolors with Charlene Burley (A) 3:00 Hymn Sing (FS)</p>	<p>20</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 2:00 Grief Support Group (S)</p>	<p>21</p> <p>9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Yesterday" Movie & Popcorn (T) 1:00 Thirty-Minute Book Talk (AL) 2:00-3:00 WU- At Our Age- "Memories" (A) 3:00 Brain Fitness (S) 6:30 Movie 2nd showing (T)</p>	<p>22</p> <p>12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "The Eagle Huntress" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>23</p> <p>11:30 Wesley Sunday Brunch (HD) 6:30 Sunday Vespers (B)</p>	<p>24</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 1:00 Outing to Trader Joe's (*) 1:00 Watercolor Group (JC) 2:30 Lea Hill Singers Rehearsal (A)</p>	<p>25</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS) 2:00-3:00 WU- The Story of Alice Paul with Debbie Dimitre (A)</p>	<p>26</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Ladies Lunch Outing (*) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC) 2:00-4:00 WU- Watercolors with Charlene Burley (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:00 Visit with Bentley (FS) 6:30 Hatha Yoga (E)</p>	<p>27</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 11:30 Holy Family School Jazz Band (FS) 2:00 Caregiver Support Group (CCC) 2:00 Paper Crafts with Emily (JC) 6:30 Piano Music with Victor Chebotarev (FS)</p>	<p>28</p> <p>8:00 Men's Breakfast Outing (*) 9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Downton Abbey" Movie & Popcorn (T) 2:00-3:00 WU- At Our Age- "Heirlooms & Other Family Matters" (A) 3:00 Brain Fitness (JC) 3:30 Drum Circle (A) 6:30 Movie 2nd showing (T)</p>	<p>29</p> <p>12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "The Wild Pear Tree" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>First Floor (PR) Pinnacle Room (H) Holman Conference Room (FS) Fireside Room</p>	<p>First Floor (E) Exercise Room (P) Swimming Pool (AL) Andrew's Library</p>	<p>Second Floor (T) Theater (JC) John's Club (A) Assembly Hall</p>	<p>Second Floor (B) Burdine Chapel (HD) Hoben Dining Room (K) Klopfenstein Dining Room</p>	<p>Third Floor (C) Craft Room (S) Sharrard Room</p>	<p>Other (CCC) Care Center Chapel (*) Outing</p>	