

March Happenings

Daylight Savings Time Begins ~ 8th
 St. Patrick's Day ~ 17th
 Spring Begins ~ 19th



March 2020

Life Enrichment Calendar





Truth shall spring out of the earth; and righteousness shall look down from heaven.

Psalm 85:11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>6:30 Sunday Vespers (B)</p>	<p>2</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 1:00 BINGO! (A) 2:30 Lea Hill Singers Rehearsal(A)</p>	<p>3</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS) 2:00-3:00 WU- Travel Snapshots (A) 3:00 Prayer Chain Group (CCC)</p>	<p>4</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:00 Lenten Devotionals (B) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Lunch Outing to Lucky Chopsticks (*) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC) 1:00-2:30 WU- Social & Criminal Justice with Dr. David Smith (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:30 Hatha Yoga (E)</p>	<p>5</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 2:00 Grief Support Group (S)</p>	<p>6</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Outing to Auburn Walmart (*) 1:00 Court Whist (JC) 1:00 "The Least of These" Movie & Popcorn (T) 2:00-3:00 WU- At Our Age- "As Things Change" (A) 3:00 Brain Fitness To Go (JC) 6:30 Movie 2nd showing (T)</p>	<p>7</p> <p>12:30 Pinochlers (HD) 12:30 Bridge (FS) 1:00 Lea Hill Quilters (JC) 1:00 "Ocean's 8" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>8</p> <p>6:30 Sunday Vespers (B)</p> <p>50¢ OFF</p>	<p>9</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "Experiencing</p>	<p>10</p> <p>7:30 Omelet Bar (HD) 9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS)</p>	<p>11</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:00 Lenten Devotionals (B) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC)</p>	<p>12</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 3:00 Jigsaw Puzzle Swap (FS) 5:30 Outing to "State of the City</p>	<p>13</p> <p>9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Jumanji: Welcome to the Jungle" Movie & Popcorn (T) 3:00 Brain Fitness (JC)</p>	<p>14</p> <p>11:00 Balefire Irish Dancers (A) 12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "Dumbo (2019)" Movie (T) 6:30 Movie 2nd Showing (T)</p>

Sample Calendar

For the safety of our residents, all events have been postponed until further notice.

<p>15</p> <p>6:30 Sunday Vespers (B)</p>	<p>16</p> <p>11:00 Chime Choir Rehearsal (A) 1:00 The Great Courses DVD Lecture Series: "Experiencing America: A Smithsonian Tour Through American History" (T) 1:00 Lea Hill Book Club (JC) 1:00 BINGO! (A) 2:30 Lea Hill Singers Rehearsal (A) 6:00 Guide Dog Visit (FS)</p>	<p>17</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 10:45 Visiting Library (FS) 11:15 AOA Chair Strength (E) 1:30 Resident Council Meeting (A) 3:00 New Resident Social - "Wear Your Green" (FS)</p>	<p>18</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:00 Lenten Devotionals (B) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:00 Lunch Outing to JP's Taproom & Grill (*) 11:15 AOA Chair Strength (E) 12:30 Bridge (JC) 1:00 Sound Associates Hearing Aid Check & Cleaning (S) 1:00-2:30 WU- Social & Criminal Justice with Dr. David Smith (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:30 Hatha Yoga (E) 7:00 Rainy Day Brass Quintet (A)</p>	<p>19</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 2:00 Grief Support SOCIAL (S) 2:00 Town Hall Meeting (A) 2:30 Happy Hour (FS)</p>	<p>20</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Mission: Impossible-Fallout" Movie & Popcorn (T) 1:00 Thirty-Minute Book Talk (AL) 2:00 "Swing into Spring" Concert with Junie Tonkin (FS) 3:00 Brain Fitness to Go (JC) 4:00 Dinner & A Show- "French Rouge" (A) 6:30 Movie 2nd showing (T)</p>	<p>21</p> <p>10:00 SKC Genealogical Society Meeting (T) 10:00 Walk @ Auburn Outlet Collection Mall with Angelique (*) 12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "Second Act" Movie (T) 6:30 Movie 2nd Showing (T)</p>
<p>22</p> <p>11:30 Wesley Sunday Brunch (HD) 6:30 Sunday Vespers (B)</p>	<p>23</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "The Great Tours: Washington D.C." (T) 1:00 Outing to Trader Joe's (*) 1:00 Watercolor Group (JC) 2:30 Lea Hill Singers Rehearsal (A)</p>	<p>24</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS) 2:00 Entertainment with Sid Law (FS)</p>	<p>25</p> <p>9:00 Self-Guided Water Walking (P) 9:15 AOA Circuit (E) 10:00 Lenten Devotionals (B) 10:15 Flexibility (E) 10:30 Blood Pressure Clinic (JC) 11:15 AOA Chair Strength (E) 12:15 Outing to AMHS Senior Portfolio Presentations (*) 12:30 Bridge (JC) 1:00-2:30 WU- Social & Criminal Justice with Dr. David Smith (A) 3:00 Hymn Sing (FS) 5:30 Line Dancing (E) 6:00 Visit with Bentley (FS) 6:30 Hatha Yoga (E)</p>	<p>26</p> <p>8:45 Tai Chi (E) 9:15 Aqua Fitness (P) 10:15 Pinnacle Circuit (PR) 10:30 Shopping @ Fred Meyer (*) 11:15 AOA Chair Strength (E) 1:10 MARINERS Home Opener! (T) 2:00 Caregiver Support Group (CCC)</p>	<p>27</p> <p>8:00 Men's Breakfast Outing (*) 9:15 AOA Circuit (E) 10:00 Scenic Drive (*) 10:15 Flexibility (E) 11:15 AOA Chair Strength (E) 1:00 Court Whist (JC) 1:00 "Little Women (2018)" Movie & Popcorn (T) 3:00 Brain Fitness (JC) 3:30 Drum Circle with Andrew (A) 6:30 Movie 2nd showing (T)</p>	<p>28</p> <p>12:30 Pinochlers (JC) 12:30 Bridge (FS) 1:00 "A Dog's Way Home" Movie (T) 6:30 Movie 2nd Showing (T) 6:30 Outing to AMHS Drama Presentation "Pajama Game" (*)</p>
<p>29</p> <p>6:30 Sunday Vespers (B)</p>	<p>30</p> <p>9:15 AOA Circuit (E) 10:15 Flexibility (E) 11:00 Chime Choir Rehearsal (A) 11:15 AOA Chair Strength (E) 12:30 Mahjong (FS) 1:00 The Great Courses DVD Lecture Series: "The Great Tours: Washington D.C." (T) 1:00 BINGO! (A) 2:30 Lea Hill Singers Rehearsal</p>	<p>31</p> <p>9:00 Self Study Tai Chi (E) 9:15 Aqua Fitness (P) 10:00 Catholic Communion (B) 10:15 Pinnacle Circuit (PR) 10:15 Oriental Dance (E) 11:15 AOA Chair Strength (E) 1:00 Fun w/ Threads (FS) 3:00 AARP Presents "Five Pillars of Brain Health" (A)</p>	<p><u>JEANNETTE'S BEAUTY SALON</u></p>  <p><i>Please call to set up an appointment.</i></p> <p>Kandy~Mondays</p>	<p><u>BANKING</u></p> <p>Every Friday 9:30am – 10:30am (Next to Norma's Deli)</p> 	<p>Medical Appointment Transportation</p> <p>Every Tuesday</p>  <p><i>Please see book in Andrew's library for</i></p>	<p><u>Nail Care by Sheila Winter</u></p> <p>2nd & 4th Tuesday 10:00am - 3:00pm</p>  <p>(3rd floor Sharrard Room)</p>

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