

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:00 AM Bingo (EC) 2:00 PM Yoga (FC) 2:30 PM Show & Display (Directors Lounge)	2 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 11:45 AM Crafts with Jessica (CC) 2:30 PM Bingo (Common Residents) (AR) 3:00 PM Chair Volleyball (ER) 3:00 PM Knit and Stitch (CC)	3 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 1:00 PM Thanksgiving Recipe Exchange (DL) 2:00 PM Bingo (EC) 3:15 PM Scrabble (DL)	4 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 11:00 AM Wii Bowling (DL) 12:00 PM Rummy Card Game (AR) 1:00 PM Bridge (DL) 1:00 PM Service Projects (CC) 1:30 PM Yacht Club Sailing (BLP) 2:00 PM Round Table Discussion : Election Results (AR) 3:00 PM Chair Volleyball (ER)	5 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 11:45 AM Hand & Foot Card Game (AR) 1:00 PM Model Building (CC) 1:30 PM Bingo (Commons Residents) (EC) 2:30 PM Cider & Cookie Hand Out (First Floor) 3:00 PM Chair Volleyball (ER) 3:15 PM Bradley Pre- Book Club Meeting (AR)	6 1:00 PM Hand & Foot Card Game (DL) 1:30 PM Yacht Club Sailing (BLP)
8 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 2:00 PM Yoga (FC) 2:30 PM Bingo (EC)	9 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 11:45 AM Brain Teasers with Jessica (DL) 12:00 PM Music with Miki (C) 1:00 PM Shopping Trip to Winco (L) 1:00 PM UNO (AR) 2:00 PM Bingo (Common Residents) (AR) 3:00 PM Chair Volleyball (ER) 3:00 PM Knit and Stitch (CC) 7:00 PM Movie: Captain Ron (T)	10 Veterans Day 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 1:00 PM Thanksgiving Recipe Exchange (DL) 2:00 PM Bingo (EC) 3:15 PM Scrabble (DL)	11 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 10:00 AM Crafts with Jessica (CC) 11:00 AM Wii Bowling (DL) 12:00 PM Rummy Card Game (AR) 1:00 PM Bridge (DL) 1:00 PM Service Projects (CC) 1:00 PM Shopping Trip to South Hill Mall (L) 1:30 PM Yacht Club Sailing (BLP) 2:00 PM Movie: Captain Ron (T) 2:00 PM Round Table Discussion : Election Results (AR) 3:00 PM Chair Volleyball (ER) 3:15 PM Show & Display (Directors Lounge) 7:00 PM Movie: Captain Ron (T)	12 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:00 AM Checkers (AR) 11:45 AM Hand & Foot Card Game (AR) 1:30 PM Bingo (Commons Residents) (EC) 2:30 PM Cider & Cookie Hand Out (2nd Floor) 3:00 PM Chair Volleyball (ER) 3:15 PM Book Club Meeting (AR)	13 10:30 AM Puzzle Hour (AR) 1:00 PM Hand & Foot Card Game (AR) 1:30 PM Yacht Club Sailing (BLP) 3:00 PM Movie Matinee : An old Fashioned Thanksgiving (T)	14
15 9:00 AM Cardio Circuit (FC) 9:30 AM Puyallup Doctor Appointments (L) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 2:00 PM Yoga (FC) 2:30 PM Bingo (EC)	16 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 10:00 AM Writing Workshop (AR) 11:45 AM Brain Teasers with Jessica (DL) 1:00 PM Shopping Trip to Costco (L) 1:00 PM UNO (AR) 2:00 PM Bingo (Common Residents) (AR) 3:00 PM Chair Volleyball (ER) 3:00 PM Knit and Stitch (CC) 3:15 PM Corn Hole (EC) 7:00 PM Movie: Wind (T)	17 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:30 AM RC Racing (L) 1:00 PM Thanksgiving Recipe Exchange (DL) 2:00 PM Bingo (EC) 3:15 PM Scrabble (DL)	18 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 10:00 AM Crafts with Jessica (CC) 11:00 AM Wii Bowling (DL) 12:00 PM Rummy Card Game (AR) 1:00 PM Bridge (DL) 1:00 PM Service Projects (CC) 1:00 PM Shopping Trip to Hobby Lobby (L) 1:30 PM Yacht Club Sailing (BLP) 2:00 PM Movie: Wind (T) 2:00 PM Round Table Discussion : Election Results (AR) 3:00 PM Chair Volleyball (ER) 3:15 PM Show & Display (Directors Lounge) 7:00 PM Movie: The Wind (T)	19 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:00 AM Checkers (AR) 11:45 AM Hand & Foot Card Game (AR) 1:00 PM Bingo (Arbor) (EC) 1:30 PM Bingo (Commons Residents) (EC) 2:30 PM Cider & Cookie Hand Out (2nd Floor) 3:00 PM Chair Volleyball (ER) 3:15 PM Book Club Meeting (AR)	20 1:30 PM Yacht Club Sailing (BLP) 3:00 PM Movie Matinee : An old Fashioned Thanksgiving (T)	21
22 9:00 AM Cardio Circuit (FC) 9:30 AM Puyallup Doctor Appointments (L) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 2:00 PM Yoga (FC) 2:30 PM Bingo (EC)	23 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 10:00 AM Writing Workshop (AR) 11:45 AM Brain Teasers with Jessica (DL) 1:00 PM Shopping Trip to Fred Meyer (L) 1:00 PM UNO (AR) 2:00 PM Bingo (Common Residents) (AR) 3:00 PM Chair Volleyball (ER) 3:00 PM Knit and Stitch (CC) 3:15 PM Corn Hole (EC) 7:00 PM Movie: Going in Style (T)	24 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:30 AM RC Racing (L) 1:00 PM Thanksgiving Recipe Exchange (DL) 2:00 PM Bingo (EC) 3:15 PM Scrabble (DL)	25 Thanksgiving Day 9:00 AM Strength Training (FC) 10:00 AM Chair Exercise (FC) 10:00 AM Crafts with Jessica (CC) 11:00 AM Wii Bowling (DL) 12:00 PM Rummy Card Game (AR) 1:00 PM Bridge (DL) 1:00 PM Service Projects (CC) 1:30 PM Yacht Club Sailing (BLP) 2:00 PM Movie: Going in Style (T) 2:00 PM Round Table Discussion : Election Results (AR) 3:00 PM Chair Volleyball (ER) 3:15 PM Show & Display (Directors Lounge) 7:00 PM Movie: Going in Style (T)	26 9:00 AM Cardio Circuit (FC) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 10:00 AM Checkers (AR) 11:45 AM Hand & Foot Card Game (AR) 1:30 PM Bingo (Commons Residents) (EC) 2:30 PM Birthday Cupcake Handout 2:30 PM Cider & Cookie Hand Out (2nd Floor) 3:00 PM Chair Volleyball (ER) 3:15 PM Book Club Meeting (AR)	27 1:30 PM Yacht Club Sailing (BLP) 3:00 PM Movie Matinee : An old Fashioned Thanksgiving (T)	28
29 Cyber Monday 9:00 AM Cardio Circuit (FC) 9:30 AM Puyallup Doctor Appointments (L) 10:00 AM Brownstone Fitness (Brownstone Front Entrance) 2:00 PM Yoga (FC) 2:30 PM Bingo (EC)	30 ROOM KEY AR - Activity Room BLP - Bradley Lake Park C - Chapel CC - Creativity Center DL - Director's Lounge EC - Event Center ER - Exercise Room FC - Fitness Center L - Lobby	T - Theatre				

November 2020