



WESLEY

DES MOINES

Community · Choice · Continuing Care

The Arbor Memory Care

Located in The Gardens building, the **Albert W. Carr Memory Care Center** offers private residential-style apartments for those with Alzheimer’s disease or other forms of dementia. Comfortable gathering areas and a dedicated staff of professionals provide daily activities and care services under Wesley’s signature Arbor memory care program.

Apartment	Size (approx.)	Monthly Fee
Studio		
Starting at		
Alder, Spruce & Alpine	425 s.f.	\$3,924
One Bedroom		
Maple	555 s.f.	\$5,124
Cedar	570 s.f.	\$5,263
Dogwood & Cottonwood	630 s.f.	\$5,817
One Bedroom Plus Den		
Madrona	645 s.f.	\$5,955

The Arbor Program

Wesley strives to meet the individual needs of residents through the development and regular review of specialized care plans by our Arbor nurse manager in collaboration with residents and their families. Once services and care needs are determined, a point value* is assigned to each service based on the time needed, the level of staff involvement and the acuity of task required to perform the service. This personalization of services ensures that residents receive and pay for the right amount of support.

Examples of Care Plans

<p>A resident who needs minimal observation, some assistance with self-care activities, and assistance with medication management might have a minimal monthly care fee equal to 28 points or \$2,038.40.</p>	<p>A resident who needs full assistance with all basic activities of daily living, including help with showering and bathroom breaks; assistance with 10 or more medications daily; and communication with medical providers have a monthly care fee could equal to 80 points or \$5,824.</p>	<p>An advance care plan for a resident may involve full assistance with all activities of daily living, medication and incontinence management, significant staff intervention for behaviors, and frequent safety checks. This monthly care fee could equal 115 points or \$8,372.</p>
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For second person, add \$900 per month plus personal care plan. *1 point equals \$72.80.

Prices in effect January 2026



The Arbor Memory Care

Each residential apartment is private with a full kitchen, bath and independent climate control. Spacious enough for two people, Wesley's memory care apartments allow couples to stay together if they choose. The secure residential setting, garden and activity program are tailored for those with memory impairment.

Included Amenities

- Licensed nurse oversight and on-call support
- 24 hours a day - trained resident assistant staff on site
- Menus reviewed regularly by a Registered Dietitian
- Three nutritious meals a day, plus snacks
- Residential setting with controlled access
- Activities Program
- Chaplain's services
- Spacious, secure outdoor courtyard with walking path and patio
- Private bath and kitchen
- Apartment and building maintenance
- All utilities including electricity, water, sewer and trash
- Basic TV service
- Basic telephone service (local access)
- Basic Internet service
- Exercise/fitness programs

Conveniences available for an additional fee

- Incontinence supplies
- Beauty salon/barber
- Guest suite and guest meals

The Arbor has a month-to-month rental arrangement. Reserving an apartment requires a \$5,000 non-refundable deposit.

Wesley Des Moines is for those 62 years of age or better. Smoking and vaping are not allowed on campus.

Wesley complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, sexual orientation, religion, disability or gender.



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DesMoines.WesleyChoice.org

